

How do we Learn our Values? Why are they Important?

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Our parents and the social environment around us are the determining factors through which values are formed. Values are gradually formed from our parents' teachings and childhood experiences. When we are born, our mind is blank, innocent, and it can't differentiate between the good and the bad. Almost everyone's first experience is the love and care he or she receives from his or her mother. Human values are inculcated at an early age and acquired through the social environment.

Values are like the Sun. They rise invariably and brighten up our lives. Imagine if one day the sun suddenly disappears, what will happen to our lives? Total darkness would be present. Likewise if values are missing in our lives, there will be no principle guiding us in the right direction or helping us make the right decision. Our actions and behavior are determined by our emotions which are influenced by our values. Values make us stronger, can determine our future and guide us towards peace, prosperity, success, and happiness. Let's change the world through our thoughts, actions, and good deeds.

People are often unreasonable and self-centered.

Forgive them anyway.

If you are kind, people may accuse you of ulterior motives.

Be kind anyway.

If you are honest, people may cheat you.

Be honest anyway.

If you find happiness, people may be jealous.

Be happy anyway.

The good you do today, may be forgotten tomorrow.

Do good anyway.

Give the world the best you have and it may never be enough.

Give your best anyway.

For you see, in the end, it is between you and God.

It was never between you and them anyway.

-Mother Teresa